

Using machine learning techniques to generate laboratory diagnostic pathways—a case study

Georg Hoffmann¹, Andreas Bietenbeck², Ralf Lichtinghagen³, Frank Klawonn^{4,5}

¹Institute of Clinical Chemistry, Trillium GmbH and German Heart Center, München, Germany; ²Institut für Klinische Chemie und Pathobiochemie, Klinikum rechts der Isar, Technische Universität München, Munich, Germany; ³Institute of Clinical Chemistry, Medical University Hannover MHH, Hannover, Germany; ⁴Helmholtz Center for Infection Research HZI, Biostatistics, Braunschweig, Germany; ⁵Department of Computer Science, Ostfalia University of Applied Sciences, Wolfenbüttel, Germany

Contributions: (I) Conception and design: G Hoffmann; (II) Administrative support: All authors; (III) Provision of study materials or patients: R Lichtinghagen; (IV) Collection and assembly of data: All authors; (V) Data analysis and interpretation: All authors; (VI) Manuscript writing: All authors; (VII) Final approval of manuscript: All authors.

Correspondence to: Georg Hoffmann, MD. Associate Professor at the University of Munich, Medizinischer Fachverlag Trillium GmbH, Jesenwanger Straße 42b, D-82284 Grafrath, Germany. Email: georg.hoffmann@trillium.de.

Background: Diagnostic pathways are based on expert rules ("if...then...else"), which can be visualized as decision trees. Machine learning algorithms may be used to validate existing or to suggest potential new decision trees.

Methods: We present and compare two machine learning algorithms, which automatically generate decision trees from laboratory data. The underlying functions (rpart and ctree) are included in the free statistical software environment R (www.r-project.org).

Results: Using input data from a published study on hepatitis C patients, we demonstrate that both algorithms are easy to apply and produce plausible decision trees. These algorithms confirm common knowledge about the power of laboratory testing to detect liver fibrosis and cirrhosis. For example, we show that conventional measurands such as choline esterase or albumin can separate cases with no or slight fibrosis from those with severe fibrosis and cirrhosis, while intermediate stages are often misclassified. Addition of the newer ELF score to the test panel makes decision trees simpler and may improve the quality of classification. Validation of the automatic decision trees with the leave-one-out method shows that the accuracy of all models created by machine learning is significantly higher than pure guessing. However, small changes of the input data result in markedly deviant decision trees, which need to be validated further with respect to clinical plausibility.

Conclusions: The machine learning algorithms presented here can support but do not replace the medical expert when designing decision trees for diagnostic pathways.

Keywords: Diagnostic pathways; liver fibrosis; decision trees; machine learning; cross-validation

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Introduction

Laboratory diagnostic pathways combine stepwise reflex testing with economic efficacy (1). They are based on expert rules ("if...then...else"), which can be visualized as decision trees. If possible, these pathways should reflect established medical guidelines as well as local conditions, on which clinical and laboratory experts have agreed conjointly.

In clinical practice, diagnostic pathways represent "smart test profiles", which are followed just to the point where a diagnostic decision can be made. A well-established example is shown in *Figure 1*. In contrast to traditional (inflexible)

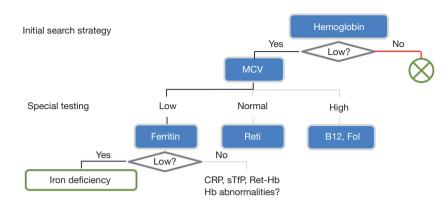


Figure 1 Example of an established diagnostic pathway for the differential diagnosis of anemia (2). A sound pathway usually starts with very sensitive screening tests (in this case hemoglobin and mean corpuscular erythrocyte volume MCV), thus minimizing the number of false negative results. If the diagnosis of anemia can be ruled out at this point, no further tests are performed. If the test is positive, the prevalence of anemic patients increases, so that more specific tests can be performed with a lower risk of false positives. In the above example of a patient with low MCV, ferritin is the assay of choice for the detection of iron deficient anemia. If the value is low, the diagnosis is made; if not, further testing is required to rule out misleadingly high ferritin results due to inflammation, tumors etc. (3).

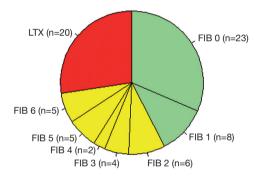


Figure 2 Assignment of patients to the three classes C1–3, used in this study. FIB = fibrosis score, LTX = candidate for liver transplantation. Colors indicate the classes described in the methods section: green = C1, yellow = C2, red = C3.

profiles, this strategy saves costs, simplifies processes, and minimizes the number of false positive and false negative results.

Machine learning algorithms may be used to either validate the decision trees established by human experts or to suggest potential new trees, if guidelines are not available. In this paper, we present and evaluate "partykit", a statistical software tool (4), which automatically generates decision trees from real laboratory data. Although such computer-driven approaches have been pursued for quite some time (5), applications for laboratory diagnostics have been scarce so far (6-8).

In order to illustrate the algorithmic process and to

discuss its benefits and limitations, we applied the decision tree learning algorithms rpart and ctree to real-life data from a published study on liver fibrosis and cirrhosis in patients with chronic hepatitis C infection (9).

Methods

From the original study group, we selected 73 patients (52 males, 21 females), aged 19 to 75 years (median 50), with a proven serological and histopathological diagnosis of hepatitis C. The morphological pictures ranged from chronic hepatitis C infection without fibrosis to end stage liver cirrhosis with a need for liver transplantation (LTX).

Patients were grouped into three classes (see green, yellow, and red areas in *Figure 2*) according to the hepatic activity index proposed by Ishak *et al.* (10): C1 = hepatitis without fibrosis or with only minor signs of portal fibrosis (Ishak stages F0 and F1, n=31, C2 = therapy-relevant fibrosis (Ishak stages F2 to F6, n=22), and C3 = LTX-relevant end stage liver cirrhosis [Child-Pugh stage C (11), n=20]. Liver biopsies and blood samples for the examination of biochemical measurands were taken at the same time. *Figure 3* illustrates the data format.

Biochemical tests

The following six traditional diagnostic tests for liver diseases were measured on a Modular P800 automatic analyzer (Roche Diagnostics): albumin (ALB), bilirubin

*	Category $\hat{}$	FIB.score	ELF.score	ALB 🗘	BIL [‡]	CHE 🗘	GGT 🍦	AST 🍦	ALT 🗘	ПМР1 🗘	PⅢNP [‡]	HA [‡]	Age 🍦	Gende	er
1	C1	0	7.00	49	15	8.79	37.0	39.0	53.0	222	6.5	3.4	29	m	-
2	C1	0	7.33	49	13	8.91	27.6	31.1	40.2	161	4.3	8.3	44	m	
3	a	0	7.57	44	14	11.42	40.6	32.0	9.4	177	6.0	7.8	36	m	
4	C1	0	7.72	45	14	12.16	43.0	45.0	66.0	156	5.8	10.1	30	m	
5	C1	0	7.73	45	10	8.77	35.9	37.8	10.5	185	5.7	9.6	27	m	
6	C1	0	7.77	47	8	10.30	68.2	48.4	13.3	207	6.4	8.6	35	m	
7	C1	0	7.94	40	10	7.51	22.3	46.0	9.0	189	6.4	11.1	50	f	
8	C1	0	8.37	37	7	7.08	24.7	38.3	8.2	203	6.9	16.7	41	f	
9	Cl	0	8.57	47	17	7.09	90.4	164.2	38.9	209	6.5	21.9	23	m	
							1	•							

Figure 3 Overview of the first ten lines of the dataset used in this study.

(BIL), choline esterase (CHE), γ -glutamyl-transferase (GGT), aspartate amino-transferase (AST), and alanine amino-transferase (ALT). The concentrations of tissue inhibitor of metalloproteinase 1 (TIMP1), N-terminal peptide of procollagen III (PIIINP), and hyaluronic acid (HA) were measured on the immunochemical analyzer ADVIA Centaur CP (Siemens). The ELF score was calculated directly by the instrument employing the following equation:

ELF score = 2.494 + 0.846 × ln(HA) + 0.735 × ln(PIIINP) + 0.391 × ln(TIMP1)

Learning decision trees

In the first part of the results section we demonstrate how decision trees can be constructed automatically from laboratory results. The algorithm selects one of the laboratory tests (attributes), splits the data set according to this test, and continues in the same way with the branches resulting from the split. This procedure stops whenever a "diagnosis" can be made, i.e., an end node (leave) is reached. Ideally, this is the case if the node contains only patients with the same diagnosis. Another stop criterion could be that the number of cases in a node becomes too small for further splitting.

In the case of the rpart algorithm, the attribute selection and splitting criterion is based on information gain (a concept derived from Shannon entropy), while the ctree algorithm uses conditional independence testing. For more details see the documentation of partykit, rpart, and ctree, which comes with the respective R packages after having installed R for Windows as described under www.r-project.org.

The following lines of code install and load the required

packages:

install.packages("partykit")

install.packages("rpart.plot")

library("partykit")

library("rpart.plot")

Here is an example of a three lines code to load the dataset shown in *Figure 3*, and to perform the ctree algorithm:

x <- read.csv (file.choose())</pre>

t <- ctree(formula = Category~ALB+BIL+CHE+GGT+ AST+ALT, data = x)

plot(t)

The first line of code loads the csv file containing the data, the second line assigns the results of the ctree function to the variable t, and the third line plots a decision tree like the one shown in *Figure 4* (see results section).

The code for the rpart algorithm is very similar:

t <- rpart(formula = Category~ALB + BIL + CHE + GGT + AST + ALT, data = x)

prp(t)

Note that the generic plot function of R checks the object type of t. If it is a ctree object, it applies the type-specific plotting function plot.ctree. In the case of rpart, the specific plotting function prp must be applied.

Validation of decision trees and application to new patients

In the second part of the results section, we deal with the issue of testing and validating a decision tree learned from data. The question is how well the model will predict the diagnoses (classes) of new patients (cases).

To test the ctree mode t, we obtain the predicted class (diagnosis) for a new patient p, using the predict function of R:

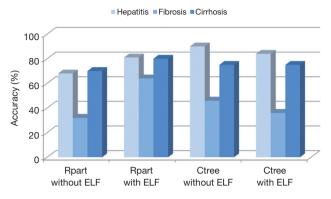


Figure 4 Accuracy per diagnosis, calculated from the cross-validation results in *Table 1*.

 Table 1 Cross-validation confusion matrices for the rpart and ctree algorithms. The grey diagonal cells indicate the correct predictions

Class	T1	T2	Т3
rpart without ELF			
P1	21	14	2
P2	10	7	4
P3	0	1	14
rpart with ELF			
P1	25	5	0
P2	3	14	4
P3	3	3	16
ctree without ELF			
P1	28	10	2
P2	2	10	3
P3	1	2	15
ctree with ELF			
P1	26	10	0
P2	5	8	5
P3	0	4	15

T, true diagnoses; P, predicted diagnoses.

predicted.class <- predict(t, p, type="class")

In the case of a decision tree generated by rpart, the type argument needs to be adapted as follows:

predicted.class <- predict(t, p, type="response")</pre>

To validate a decision tree, the classical procedure includes a training data set, on which the decision tree is constructed, and an independent test data set just for the

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purpose of validation. Quite often, however, the data set is too small to divide it into two data sets; this is especially true for studies like the one presented here, were the gold standard includes an invasive procedure like liver biopsy.

Therefore, we applied the leave-one-out method: validation is performed n times, where n is the total number of cases. In each cycle, one test case is removed from the data set and the rest is used as a training data set to construct a decision tree. Then the diagnosis for the patient that has been removed from the data set is predicted as described above. In this way, for each case a prediction of the corresponding diagnosis is obtained independently of the test cases. A typical algorithm for the leave-one-out method could look like this:

predicted.class <- rep(NA, n)
for (i in 1 : n){
 dat.training <- dat[-i,]
 dat.test <- dat[i,]
 t <- rpart(formula = Category~., data = dat.training)
 predicted.class[i] <- predict(t, dat.test, type="class")
}</pre>

To present the results of the leave-one-out method, we used the generic table function of R to construct confusion matrices, i.e., squared contingency tables whose rows and columns correspond to the possible diagnoses, i.e., C1, C2 and C3:

table(predicted.class, dat\$Category)

The rows in *Table 1* indicate the predicted diagnoses P, and the columns the true diagnoses T. The entries in the diagonals are the counts of correct predictions, from which the accuracy can be calculated as a percentage of all cases.

Accuracy was tested against random guessing using Fisher's exact test. As a naive guess, which would not use the information from the laboratory results, we assumed that all patients fall into the predominant class 1. This guess thus yields an accuracy of 42.5% (31 correct predictions out of a total of 73 cases).

Results

Figure 5 shows boxplots for each measurand, depending on the severity of the disease (classes C1–3). The boxes comprise the central 50% of the respective test results, the thick horizontal lines represent the medians, and the circles indicate potential outliers. For better readability, the extent of the y-axes has been limited, so that a few extreme values are not displayed.

It is evident that-with the exception of GGT and

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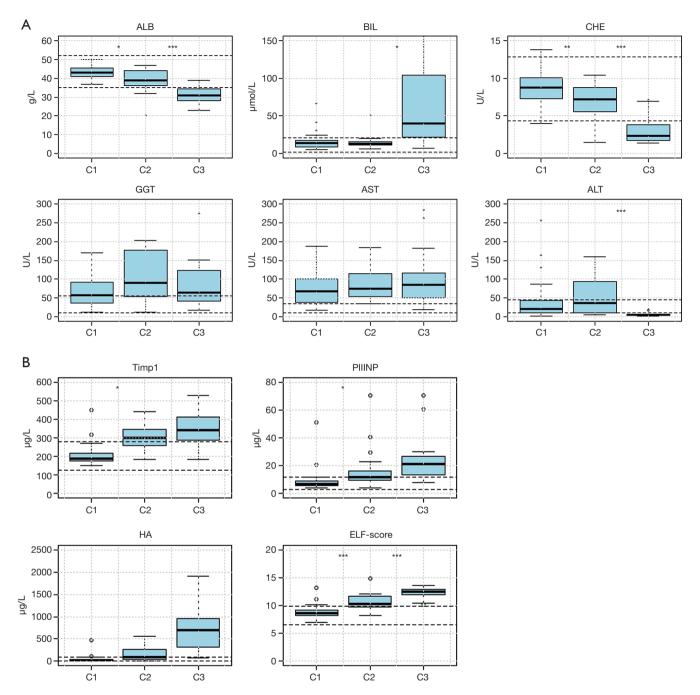


Figure 5 Descriptive statistics of the biochemical analyses performed in this study. (A) Boxplots for the six traditional measurands in each class; (B) Boxplots for the three immunoassays and the ELF-Score. The horizontal dotted lines represent the minimal and maximal reference limits used at the Medical University of Hannover. Differences of mean values of adjacent classes: *, P<0.05; **, P<0.01; ***, P<0.001.

transaminases—the majority of patients in class C1 have test results within the reference interval, whereas the values of the transplant candidates (class C3) are either decreased (ALB, ALT, CHE) or increased (all others). The mean values obtained in classes 1 and 2 are usually not significantly different, whereas some highly significant differences (P<0.001) are seen between classes C2 and C3 (ALB, ALT, CHE, ELF). The ELF score is the only

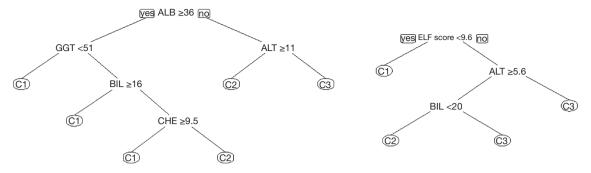


Figure 6 Decision trees obtained with rpart. Left part: traditional liver tests (ALB, BIL, CHE, GGT, AST, ALT). Right part: traditional liver tests plus ELF score.

diagnostic test, which shows significantly different mean values between all three classes. Our assumption was that the machine learning algorithms would most likely build decision trees from the diagnostic tests with the highest discriminatory power (ALB, ALT, CHE, and ELF).

Figure 6 shows two decision trees obtained with the rpart algorithm. The left tree is based on the six traditional liver tests and confirms our assumption that rpart would select ALB, ALT and CHE. Somewhat surprisingly, the algorithm adds GGT to the tree, in order to separate C2 from C1 (although the respective difference of mean values was statistically insignificant).

For the right tree in *Figure 6* we added the ELF score to the input variables, and in fact we obtained a simpler picture: the rpart tree now starts with this score and predicts the existence of a grey zone between values of 9.6 and 12.0. Below this interval, class C1 is assumed, above the algorithm predicts class C3, and in between BIL is used as an additional parameter to separate C2 from C3. Interesting enough, the expected candidates ALB, ALT, and CHE are not selected.

Figure 7 shows the respective results obtained with ctree. Again, the selection of ALB, ALT, and CHE in the upper part and of ELF in the lower part is in full accordance with our assumptions. Very low activities of both CHE and ALT seem to exclude classes C1 and C2.

As compared to rpart, the ctree-plots provide some additional information about how the three classes C1 to C3 are distributed within each node. A similar effect can be obtained with rpart using the following modified print command (graph not shown):

prp(t, extra=104)

Neither of the traditional tests is capable of clearly separating classes 1 and 2 from each other, whereas C3 seems to be likely, if ALT and CHE are very low (*Figure* 7, upper part). None of the three end nodes in the lower part of *Figure* 7 is composed of just one class, but the left node is clearly in favor of C1, the right one of C2, and the middle one of C3.

Table 1 summarizes the results of the cross-validation study based on the leave-one-out method, and *Figure 4* gives an overview of the accuracies calculated from this data. It is evident that the prediction of class 1 (fibrosis with no or just slight signs of fibrosis) and class 3 (liver cirrhosis) is much better than that of class 2 (intermediate fibrosis), irrespective of the model applied. The relatively complex decision tree obtained with rpart (*Figure 6*, left part) seems to perform slightly worse than the other three models. Adding the ELF score to this rpart model yields the highest accuracy for class 2 (63.6%).

Taking the correct predictions for all three classes together, the rpart model with the ELF score yielded the highest accuracy (75.3%). It performed clearly better than the rpart model without ELF score and slightly better than the two ctree models. The accuracy of all four models was significantly better than that of guessing (*Table 2*).

It is noteworthy that the decision trees produced by multiple runs of the leave-one-out method are not necessarily identical. Any changes in the input data set may result in deviant results (for examples see *Figure 8*).

Discussion

Systematic reviews of the literature on chronic hepatitis C reveal that individual biochemical tests are good at separating cases with no or minimal fibrosis from those with severe fibrosis or cirrhosis; but they are poor at predicting intermediate levels of fibrosis (12). Several multivariate approaches with a potentially higher discriminatory power

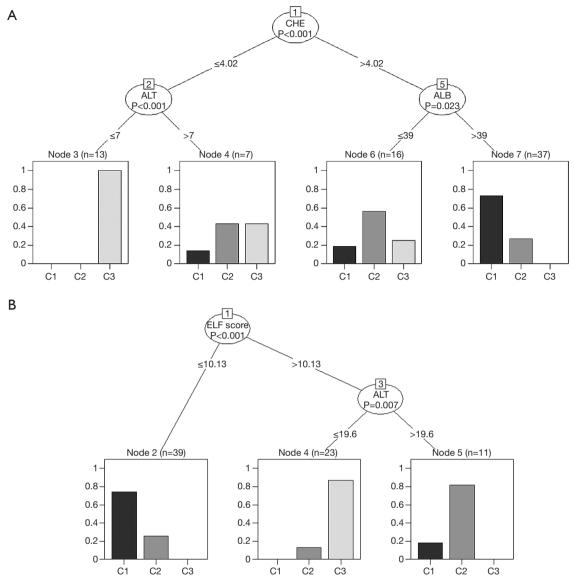


Figure 7 Decision trees obtained with ctree. (A) Traditional liver tests; (B) traditional liver tests plus ELF score.

Table 2 Overall accuracies computed from *Table 1* as compared with constantly assuming the majority class C1 (accuracy 42.5%). The P values were derived from Fisher's exact test (see methods section)

, ,		
Model	Overall accuracy (%)	P value
rpart without ELF	57.5	<0.05
rpart with ELF	75.3	<0.001
ctree without ELF	72.6	<0.001
ctree with ELF	67.1	<0.01

have been published [for a review see (13)], some of which are based on simple ratios like the AST platelet ratio index APRI (14) or on more complex equations such as the FORNS INDEX (15) and the FibroIndex (16). Stepwise approaches like the one presented in this paper are less common in the literature (17,18), and it has been only recently that machine learning was introduced as a tool for the construction of such decision trees (19).

Our study did not aim at inventing a new diagnostic algorithm for fibrosis detection, but rather at demonstrating

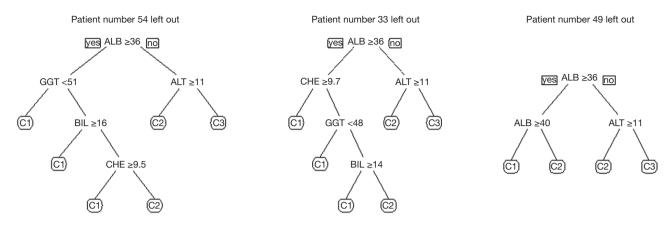


Figure 8 Alternative leave-one-out results obtained with the rpart algorithm.

how easy it is to automatically construct decision trees from suitable routine laboratory results. All it takes, is an installation of the free software package R (www.r-project.org) and copying a few lines of code from this publication. Illustrative graphs can be obtained without deep insight into the complex statistical methods behind the rpart and ctree functions. Even more such machine learning algorithms are included in the partykit package (4) and other programming environments (20).

Most of the decision trees presented here confirmed our initial assumption that the measurands showing significant differences between the three patient classes (see *Figure 5*) should be preferred by the machine learning algorithms. This was especially true for albumin and choline esterase, one of which was usually included in a root node. Whenever the ELF score, which exhibited the best discriminatory power (see *Figure 5B*), was included in the parameter list, this variable was selected for the root node. Interesting enough, however, some variables showing only small, insignificant differences between the three classes were also included, albeit in branches of lower order. A likely reason could be that the stepwise approach makes the subgroups more specific, so that insignificant differences become more pronounced.

Since each run of rpart or ctree took only seconds, we constructed many more trees than we could present in this article. For example, when we added the constituents of the ELF score, i.e., TIMP-1, PIIINP, and HA, to the full parameter list, ctree tended to include ELF plus TIMP-1, whereas rpart did not. In another set of experiments, we added the patients' age to the list, since several multivariate fibrosis scores include this parameter as well. Indeed, both algorithms selected the age as a discriminator, when it was combined with the routine tests shown in *Figure 5A*, but not, if the ELF score

was added. In fact, our patients in class 1 were significantly younger than in the other two groups (not shown).

Summarizing our observations from a medical point of view, the two most important messages are that (I) quite variable decision trees were obtained depending on the data set and the statistical method, and that (II) none of these trees was able to perfectly separate the three classes of patients (minimal, intermediate and advanced fibrosis). This may seem disappointing, but it confirms the findings in the literature [for a review see (13)], since most of the multivariate approaches published so far suffer from relatively low AUC values around 0.8 in the ROC analysis, especially when intermediate fibrosis stages are concerned.

From a statistical point of view, we would like to stress that (I) the validation of machine learning results with independent data sets is mandatory and that (II) the leaveone-out method presented here yields useful validation results if the size of the patient cohort is too small to be split into classic training and test sets. Publications, which disregard this basic requirement of independent validation, are prone to the risk of overfitting. This term means that a classifier (a ratio, index, decision tree, etc.) may work well with the original data, on which it has been developed, but will fail with data from new patients. Therefore, published accuracies are sometimes too high and exaggerate the apparent efficiency of the classifiers. To illustrate the phenomenon of overfitting, Table 3 compares the overall accuracies presented in Table 2 with those obtained without applying the leave-one-out method.

Thus, coming back to the introductory considerations about diagnostic pathways, our machine learning approaches proved to be valuable tools, which can support but not replace the medical expert when designing decision

Table 3 Overall accuracy (percent) of the four models with and without applying the leave-one-out method. Due to overfitting, some of the results in the right column are too high

Model	Leave one out	Total data set
rpart without ELF	57.5	82.2
rpart with ELF	75.3	83.6
ctree without ELF	72.6	72.6
ctree with ELF	67.1	79.4

trees. Their strength is mainly the speed, at which many alternative pathways with sometimes interesting and surprising cut-off values can be designed and tested (e.g., ALT in *Figure 7*). Their major weakness is that the results may look somewhat arbitrary since the algorithms do not have a clue about scientific plausibility.

Despite their popularity in medicine, simple decision trees are usually not regarded as the algorithms with the best discriminatory power. More advanced approaches such as support vector machines or deep neural networks often separate different classes better. The clear advantage of the decision trees presented here is, however, that they can easily be evaluated by medical experts, whereas the above algorithms are often black boxes.

Finally, we would like to add that a good diagnostic pathway also considers financial, organizational and eventually emotional costs of a test. Therefore tests with a high sensitivity are usually conducted early to exclude as many healthy subjects as possible from further evaluation. This behavior, which has been illustrated in *Figure 1*, is not replicated by automatic decision trees. An extension of decision trees that also models costs would further improve their value for the construction of diagnostic pathways. This project is currently underway.

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Footnote

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